

Nordic Championship, Helsinki, Finland, 28. September 1996

Denmark, Finland, Iceland, Norway, Sweden

Team kumite male

1. Sweden
2. Finland
3. Norway

Team kumite female

1. Sweden
2. Finland
3. Norway

Kata team male

- 1.
- 2.
- 3.

Kata male

- 1.
- 2.
- 3.
- 4.

Kata female

1. Britt Larsen Denmark
- 2.
- 3.
- 4.

Kumite male -60 kg

- 1.
- 2.
- 3.
- 4.

Kumite female -53 kg

- 1.
- 2.
3. Janne Larsen Denmark
- 4.

Kumite male -65 kg

- 1.
- 2.
- 3.
- 4.

Kumite female -60 kg

- 1.
2. Monica Hellvig Norway
- 3.
- 4.

Kumite male -70 kg

- 1.
- 2.
3. Allan Busk Denmark
- 4.

Kumite female +60 kg

- 1.
2. Gitte Helmuth Denmark
- 3.
- 4.

Kumite male -75 kg

- 1.
- 2.
- 3.
- 4.

Kumite female open

- 1.
- 2.
- 3.
- 4.

Kumite male -80 kg

- 1.
- 2.
- 3.
- 4.

Kumite male + 80 kg

1. Lars Forberg Norway
- 2.
- 3.
- 4.

Kumite male open

- 1.
2. Jarle Sorken Norway
- 3.
- 4.