



## **Guide for studying or teaching the WKF Kumite Competition Rules**

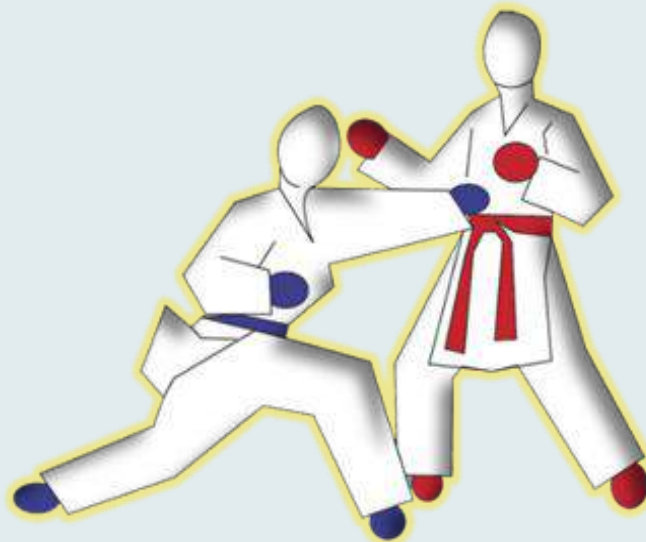
**The first images show what's new for 2026**

To understand this presentation, a very good knowledge of the competition rules is necessary.  
The statements, drawings, and photos are self-explanatory.

# WORLD KARATE FEDERATION



## **Effective from 1<sup>st</sup> January 2026**

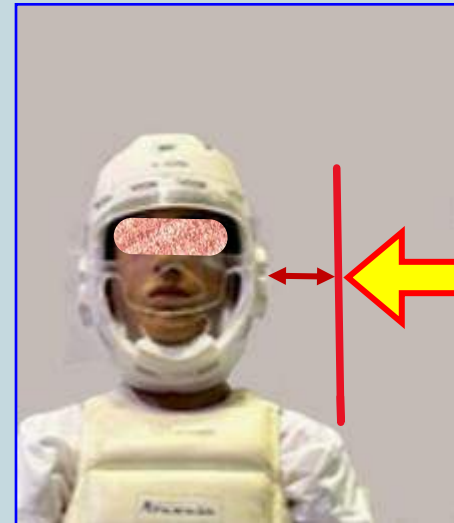


## **SCORE DISTANCE**

### **KUMITE**

### **CADETS**

### **& U-14**



**SKIN TOUCH**

**5 cm. hand techniques**

**10 cm. foot techniques**

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**SCORE DISTANCE**

**KUMITE  
JUNIORS  
& SENIORS**



**SKIN TOUCH**

**2 cm. hand techniques**

**5 cm. foot techniques**

# WORLD KARATE FEDERATION



## KUMITE U-14

**WKF APPROVED  
EXTERNAL  
BODY PROTECTOR**



**+ FOR FEMALES  
WKF APPROVED  
INTERNAL  
CHEST PROTECTOR**



**HELMET**



**WKF APPROVED**

## NEW EXPRESSIONS

**Video Review Supervisor**  
**Video Review Judge (VRJ)**

**Competitor - Contestant**  
**Athlete**

**Ten seconds Rule**  
**Any Athlete who lies flat on the floor**

**A new way of defining**  
**Jodan and Chudan**

**Karate 1**  
**Karate one** 

- PL
- SA
- YL

## DIVERSE

**New signal time JOYSTICKS: up to 1.5 seconds**

**Calling out "TSUZEKETE" before passivity is mandatory**

**Max. time for reviewing the VR is 30 seconds  
after that a decision must be made and announced**

**The Coach must request for YUKO, WAZA-ARI or IPPON  
and stand up during the video review**

**The Coach may change the level of the score  
up until the Referee finishes the signal**

## **RULES MODIFICATIONS**

**NF may modify the rules for the purpose of national or other competitions not on the official WKF programme**

**NO ALTERATIONS CAN BE MADE TO**

**The safety of the Athletes**

**Use of protective equipment**

**Scoring, prohibited behaviour**

**Warning and penalties**

**Injuries and accidents in competition**

**Criteria for decision**



## PROHIBITED BEHAVIOUR

**Kicking techniques against a downed opponent who is lying flat on the floor**



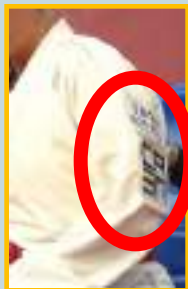
# WORLD KARATE FEDERATION



**Advertising space  
for the Athletes  
(5 x 10 cm)**

**BACK NUMBERS  
ARE MANDATORY**  
**K1 Premier League  
World Championships  
World Cup (Teams)**

**WKF  
Approved  
GREEN  
Karate-Gi**



**RIGHT ARM!**



## UPGRADED GUIDELINES FOR HANDLING AN OFFICIAL PROTEST

36  26

**Matter of Judgment vs Matter of Procedures**

**An accepted protest  
does not mean that a bout or match  
will automatically be redone**

## COMPOSITION KUMITE TEAMS

### ELIMINATION SYSTEM

TEAM	BOUTS	BOUTS	COMPUSORY	OPTIONAL	TOTAL
COMPOSITION	INITIAL	SUBSEQUENT	BACK-UP	BACK-UP	TEAM
TABLE	ROUNDS	ROUNDS	T-MEMBERS	T-MEMBERS	MEMBERS
Male Elimination	5	Min. 3	0	2	5 to 7
Female Elimination	3	Min. 2	0	1	3 to 4

### ROUND ROBIN SYSTEM

TEAM	BOUTS	BOUTS	COMPUSORY	OPTIONAL	TOTAL
COMPOSITION	INITIAL	SUBSEQUENT	BACK-UP	BACK-UP	TEAM
TABLE	ROUNDS	ROUNDS	T-MEMBERS	T-MEMBERS	MEMBERS
Male Round-robin	5	5	2	1	7 to 8
Female Round-robin	3	3	1	1	4 to 5

## COMPOSITION KUMITE MIXED TEAMS

TEAM	BOUTS	BOUTS PER	COMPULSORY	OPTIONAL	TOTAL
COMPOSITION	INITIAL	SUBSEQUENT	BACK-UP	BACK-UP	TEAM
TABLE	ROUNDS	ROUNDS	T-MEMBERS	T-MEMBERS	MEMBERS
Mixed Teams Elimination	4	MIN. 3	0	2: (1F) + (1M)	4 to 6
M.T. With Weight Categories	6	MIN. 4	0	0	6

**The teams must present all Athletes in the designated weight categories - 3 male and 3 female**

**Same categories as for Multiple Sport Games**

**WHO BEGINS?:** When the draw is done, it is specified for each Team match who starts (male or female)

**HIKIWAKE:** If the last bout was male, the tiebreaker bout will be with a female and vice versa

## YOGAI

**An Athlete that delivers a scoring technique  
and then exits before "YAME"  
will be given the score and not JOGAI**

**IF NO SCORE the Athlete will be given JOGAI**

**An Athlete inside the Tatami can score  
on an opponent that is exiting or has exited**

**The score will be given and NO Jogai to the opponent**

**IF NO SCORE: Jogai to the opponent**

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## REFEREES & JUDGES

**STRICTLY FORBIDDEN**  
**PHONES CALLS**  
**WEAR SMARTWATCHES**  
**IN THE FIELD OF PLAY**



**Exception**  
**Chief Referee / RC Chair & Secretary**  
**Appeal Jury-1**

# WORLD KARATE FEDERATION



## COACHES - MALE & FEMALE

### ELIMINATIONS & MEDAL BOUTS

**In official WKF events  
Exception Youth League**

**It is not permitted to change  
the Coach during a bout**

**In team matches  
it is allowed to change the  
Coach between bouts**

**Sandals and open-toe  
shoes are prohibited**



**Sunglasses are not allowed**





## VIDEO REVIEW

**The Coach must request for YUKO, WAZA-ARI or IPPON and stand up during the video review**



**The Coach may change the level of the score up until the Referee finishes the signal**



**Total time for reviewing the video is not to exceed 30 seconds**

## **FUKUSHIN SHUGO!**

**WHEN DIRECTLY GIVING HANSOKU**

**APPLYING THE 10 SECONDS RULE**

**DOCTOR WITHDRAW AN ATHLETE**



**MANDATORY**

**ALL SHIKKAKU SITUATIONS  
DISQUALIFICATION FOR  
TIME-WASTING SITUATIONS**

## WKF EVENTS YEAR-1

### Karate-1 Event

**WKF Referee Course** (New Candidates)

**Ind. World Championships Qualification Phase**

**WKF Referee Course** (Upgrade license)

**Ind. World Championships Final phase**

## WKF EVENTS YEAR-2

### Karate-1 Event

**WKF Referee Course** (New Candidates)

**World Championships Cadets - Juniors & U21**

**WKF Referee Course** (Upgrade license)

**World Championships for Teams**

**WORLD CUP**

# WORLD KARATE FEDERATION



**WKF Referees & Judges must have the corresponding license according to the event**

**Conditions and Requirements for WKF Referees 2025**

## **PREMIER LEAGUE**

**Must have Kata J-A and/or Kumite R-A**

NOR	ALMUND	HARADSON	RA	JB	He can only officiate in Kumite
SWE	ERIK	JOHANSSON	X	JA	He can only officiate in Kata
ISL	ÁRÓRA	KERSTINDOTTIR	RA	JA	She can officiate in both

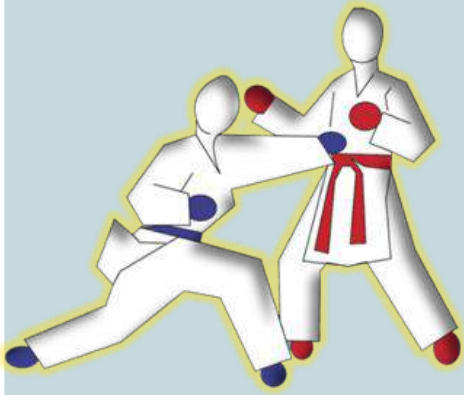
## KUMITE COMPETITION FORMATS

**Elimination system with repechage**  
**Individuals or Teams**

**Round Robin followed by elimination**  
**Senior World Championships Individuals**  
**& Teams (World Cup) Premier Leagues**

**Two-pool Round Robin system**  
**Multiple Sport Games/Olympic Games**

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## COMPETITION FORMAT

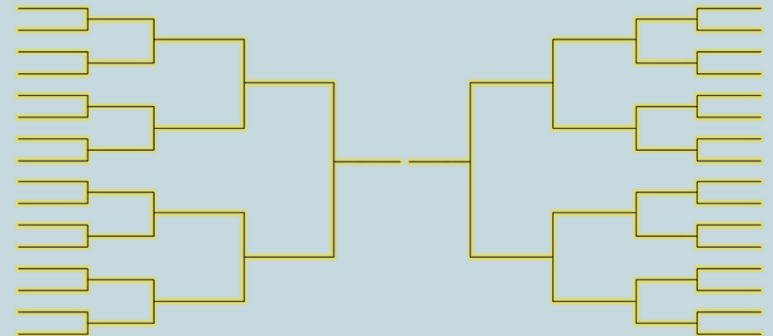
**Elimination system  
with repechage**

**Individual & Teams  
Kata & Kumite  
Female & Male**



## TIE RESOLUTION

**Most bouts won  
Most scored points  
Extra bout (Hantei)**





## ROUND-ROBIN COMPETITION



**During the elimination phase following Round-robin  
Male Teams can't present less than 3 Athletes  
Female Teams cannot present less than 2**

**The Team must complete all Round-robin bouts  
to remain in the competition**

**If not, all bouts and matches will be cancelled**

**All victory and scoring points earned by other Teams  
when meeting the eliminated Team will be voided**



## **IF AN ATHLETE IS TAKING OUT BECAUSE OF INJURY IN A ROUND-ROBIN BOUT**

**All previous bouts are voided from the result  
Unless it is the last bout for the disqualified Athlete  
in which case the result of the bout is recorded**



## **DISQUALIFICATION IN ROUND-ROBIN COMPETITION**

**If an Athlete receives HANSOKU in a Round-Robin bout**

**The offender's score is set to zero**

**Opponent's score is set to the higher of 4 points  
or points earned by techniques**

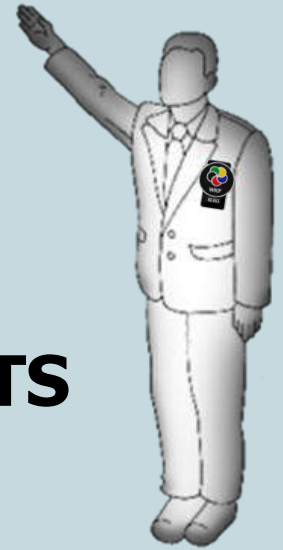
**If an Athlete receives KIKEN or SHIKKAKU in R-R bout**

**All previous bouts are voided from the result**

**Unless it is the last bout for the disqualified Athlete, in which case  
the result of the bout is recorded in the usual manner**

**THE WINNER OF A GROUP  
IN INDIVIDUAL OR TEAM  
ROUND-ROBIN COMPETITION**

**IS THE ATHLETE OR TEAM  
HAVING THE MOST VICTORY POINTS**



**IN CASE OF A TIE BETWEEN TWO OR MORE  
ATHLETES OR TEAMS**

**IT WILL BE SOLVED ACCORDING TO  
ARTICLE 12 IN THE COMPETITION RULES**

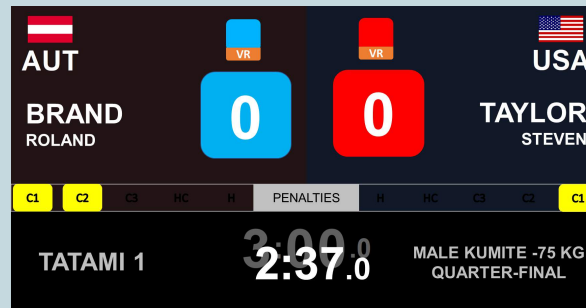
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**POINTS EARNED AS A RESULT OF THE OPPONENT'S  
DISQUALIFICATION IS ALWAYS COUNTED AS YUKO**

**IF THE TIME HAS NOT BEING RECORDED**

**AND BOTH COACHES AGREE ON THE REMAINING TIME  
THE ISSUE CAN NO LONGER BE PROTESTED**



## FORMAT KUMITE PREMIER LEAGUES

**32 Athletes per category**

**8 Round Robin groups of 4 competitors**

1<sup>st</sup> Bout Round Robin

2<sup>nd</sup> Bout Round Robin

3<sup>rd</sup> Bout Round Robin

4<sup>th</sup> Bout Quarter-finals

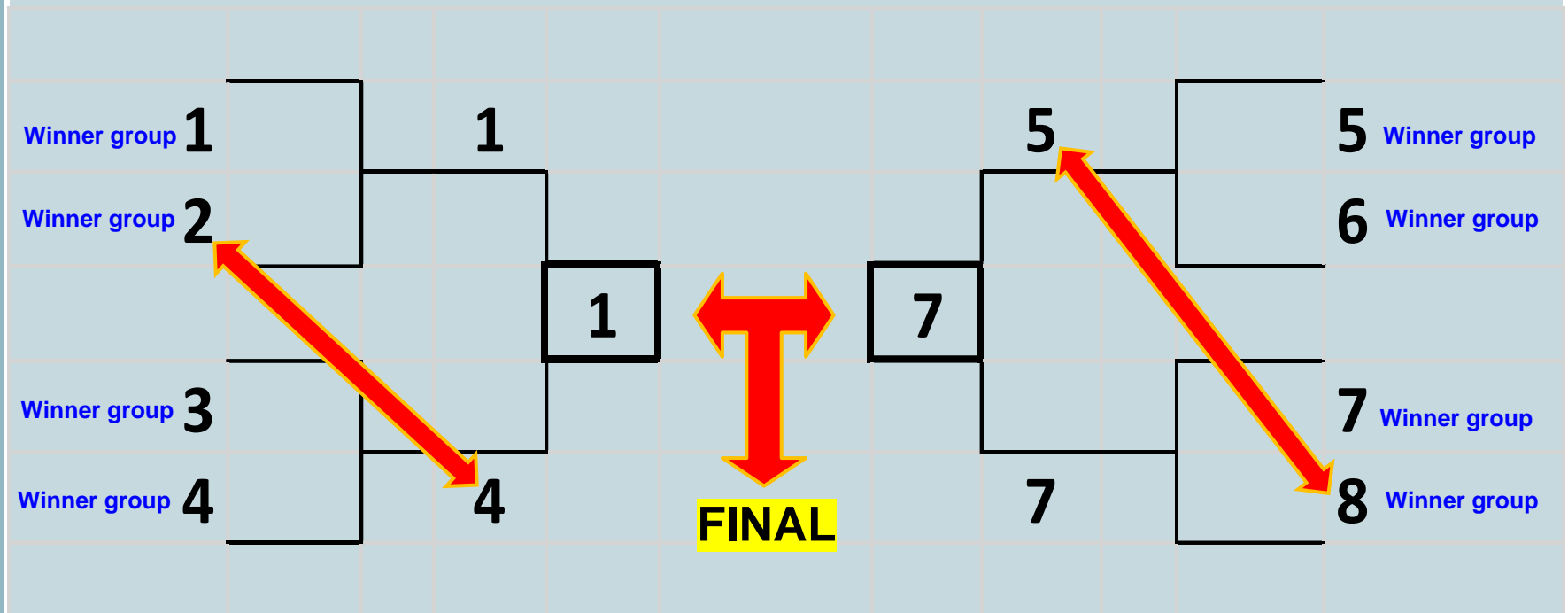
5<sup>th</sup> Bout Semi-finals

6<sup>th</sup> Bout Medal bouts

**THE WINNERS IN EACH GROUP  
GO TO THE QUARTER FINALS**



## KUMITE PREMIER LEAGUES



## KUMITE

### DURING THE ROUND ROBIN

**3** points for the winner of the bout

**1** point for draws where points are scored

**0** points for draws where no points are scored



## THE TASK OF THE RESPONSIBLE TM

**BE COMPLETELY IN CONTROL OF WHAT  
HAPPENS DURING THE BOUT**



**R-TM**



**KANSA**



**SS**



**SK**



## THE INTEGRITY OF THE APPEALS JURY

**FUNCTION OF THE SUPERVISOR**

**OTHER APPEALS JURY MEMBERS**

**TATAMI MANAGERS**

**CHIEF REFEREE**

**THE TASK MUST BE COMPLETED THE SAME DAY**



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## PASSIVITY



## CANNOT BE GIVEN

**TO AN ATHLETE THAT  
IS LEADING ON  
POINTS or SENSU**

**DURING THE FIRST 15  
SECONDS OF THE BOUT**

**DURING ATO-SHIBARAKU**

**"TSUZEKETE"  
BEFORE PASSIVITY**

## **EXCESSIVE CELEBRATION DURING & AFTER THE BOUT**

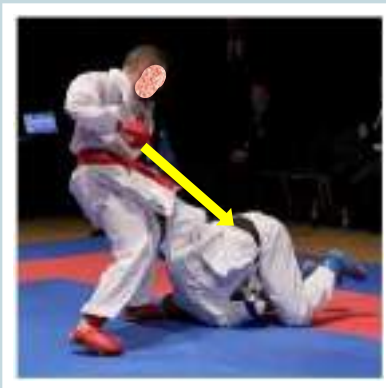
## **PLEASE CONTROL IT**



# WORLD KARATE FEDERATION

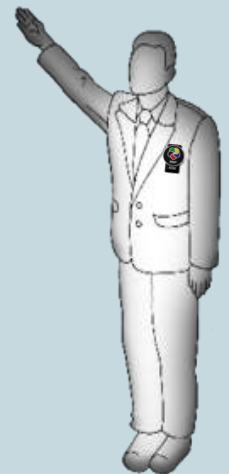


## IPPON



**Any technique against an opponent whose any part of the body other than the feet is in contact with the Tatami**

### JODAN GERI



**Exception of HIZA-GAMAE  
One knee touching the mat while  
executing a technique**



**A technique is valid if..**

**(Scoring criteria no. 4)**

**MAINTAINING AWARENESS  
DURING AND AFTER EXECUTING THE TECHNIQUE**

**TURNING AWAY IS NOT MAINTAINING AWARENESS**

**FALLING DOWN AFTER COMPLETING A TECHNIQUE  
IS NOT MAINTAINING AWARENESS**

**Unless the fall is caused by a foul by the opponent**



# WORLD KARATE FEDERATION



## HANTEI

**EQUAL SCORE & NO SENSHU**  
**Individual - Round Robin - Team**

**Higher number of IPPON**  
**Higher number of WAZA ARI**

**STILL A TIE?**

**HANTEI / HIKIWAKE**

**SUPERIORITY OF  
TACTICS & TECHNIQUES**  
**During the whole bout**

## HANTEI

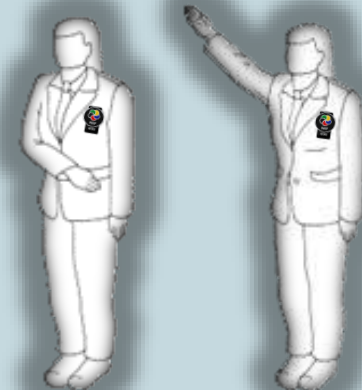
**First the 4 Judges**

**4-0: OK**

**3-1: OK**

**2-2: Referee breaks the tie**

**REFEREE'S  
SIGNAL**



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## KANSA



**Will be seated at the  
Official table next to the TM**

**STOPS THE BOUT TO  
INSTRUCT THE REFEREE  
REGARDING A  
CONTRAVENTION OF THE  
RULES**

**How Kansa calls  
the Referee**

## **KANSA**

### **21 POWERS AND DUTIES**

**The Referee did not observe a JOGAI**

**For any other unforeseen situation that  
reasonably requires the bout to be halted**

**In instances where Kansa is in doubt about a verdict, he/she  
has the right to check the video review recording**



**An injured Athlete who wins by  
disqualification and is permitted to continue**



**May also win a second bout by  
disqualification due to injury**

**But is immediately withdrawn  
from further Kumite competition  
in that tournament**





**JUDGES  
ONLY TASK**

**GIVE  
POINTS**

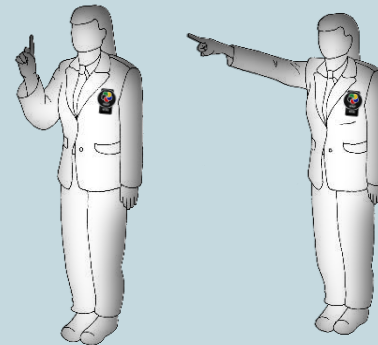


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**REFEREE GIVES**  
**WARNINGS**  
**PENALTIES**  
**SIGNALS**  
**COMMANDS**

**YOU MUST SEE**  
**JOGAI**



**GOOD POSITION**  
**ON THE TATAMI**

**KANSA!**

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## Karate Gi



**Jackets with **Red** and **Blue**  
marks on the shoulders**



**MANDATORY**  
**AT ALL OFFICIAL WKF EVENTS**

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Jackets with **GOLD** marks on the shoulders



**MANDATORY**

**K1 Premier League for incumbent  
GRAND WINNERS**

**World Seniors Championships for incumbent  
WORLD CHAMPIONS & WORLD CUP**

# WORLD KARATE FEDERATION



**WKF APPROVED FROM THE 1<sup>ST</sup> JULY 2025**

## WKF APPROVED PROTECTIONS



## WKF APPROVED KARATE-GI

ADIDAS

ARAWAZA

BESTSPORT

BUDONORD

DAEDO

HAYASHI

PUNOK

MOOTO

SMAI

TOKAIDO

WACOKU

WESING

FUJIMAE

KO

KOROBUSHI

SHUREIDO

TUSAH

## KARATE-GI

### KUMITE TEAM MEMBERS

**Marks on the shoulders must be of the same colour**





## Jackets without marks on the shoulders

**NOT APPROVED FOR WKF OFFICIAL COMPETITIONS**



## Jackets with white marks on the shoulders

**NOT APPROVED FOR WKF OFFICIAL COMPETITIONS**



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WKF



**NO!**

## OFFICIAL DRESS

**Original manufacturer's labels!**



# WORLD KARATE FEDERATION



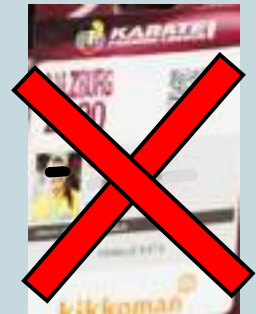
**IF AN ATHLETE ARRIVES TO THE TATAMI WITH  
UNREGULATED EQUIPMENT OR KARATE-GI**

**AND IS GIVEN TWO (2) MINUTES TO CORRECT MATTERS**

**THE COACH MAY HAVE HIS/HER COACHING LICENSE SUSPENDED FOR A  
PERIOD OF 6 MONTHS AFTER THE EVENT HAS FINISHED**

**UNLESS THE EQUIPMENT AND ATTIRE  
HAS BEEN CHECKED BY A WKF CONTROLLER**

**CHIEF REFEREE  
KANSA**



## **EXCESSIVE CELEBRATION POLITICAL OR RELIGIOUS DEMONSTRATION**

**Athletes must respect the ceremony of salutations  
before, during and after the bout or match**

**Falling on one's knees, political or religious  
expressions are prohibited**

**May be subject to a fine equal to the protest fee**

**The TM is responsible for informing the Official table**

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## INCIDENT REPORT COMPETITOR'S EQUIPMENT RELIGIOUS/POLITICAL DEMONSTRATIONS

DATE: \_\_\_\_\_ EVENT: \_\_\_\_\_

CATEGORY: \_\_\_\_\_ COMPETITOR'S NAME: \_\_\_\_\_

COUNTRY: \_\_\_\_\_ COACH'S NAME: \_\_\_\_\_

DESCRIPTION: COACH ☐ COMPETITOR/TEAM ☐

\_\_\_\_\_  
\_\_\_\_\_

TATAMI: \_\_\_\_\_ TM: \_\_\_\_\_ SIGN: \_\_\_\_\_

## COACHES TEAM EVENTS

**TWO (2) COACHES ALLOWED WITH THE TEAM**

**ONLY ONE (1) IN THE COACH-BOX**



**OTHER COACH SEATING WITH THE TEAM  
MAINTAINING ORDER **BUT NOT COACHING****

**NEXT ATHLETE IS ALLOWED TO  
LOOSEN UP BEFORE HIS/HER BOUT**



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**Each Judge will be equipped with JOYSTICKS**



**Signal time: up to  
1.5 seconds**





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## JOYSTICKS



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## POSITION OF THE JUDGES



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## JOYSTICKS FUNCTIONALITY CONTROL






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## JUDGES ACTIVITY CONTROL

**SCORE OBSERVER SERVICE**

 ☐ Stop automatic refresh (3000ms)

TIME	ACTION	J1	J2	J3	J4
18:00:58	TIME STOP				
18:00:57:042	SCORE				1
18:00:29	TIME STOP				
18:00:28:085	SCORE				3
18:00:04	TIME STOP				
18:00:04:079	SCORE	1			
18:00:03:978	SCORE DETECTED		YUKO	YUKO	
18:00:03:978	SCORE			1	
18:00:03:889	SCORE		1		
17:59:31	TIME STOP				
17:59:06	TIME STOP				
17:59:06:045	SCORE DETECTED		YUKO	YUKO	YUKO
17:59:06	TIME STOP				
17:59:05:997	SCORE				1
17:59:05:899	SCORE DETECTED		YUKO	YUKO	
17:59:05:897	SCORE		1		
17:59:05:706	SCORE			1	
17:58:47	TIME STOP				
17:58:47:718	SCORE DETECTED	YUKO	YUKO		YUKO
17:58:47:691	SCORE	1			
17:58:47	TIME STOP				
17:58:47:305	SCORE DETECTED		YUKO		YUKO
17:58:47:301	SCORE				1

## JOYSTICKS

BLUE: OK  
RED: MALFUNCTION



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## JUDGE'S RED JOYSTICK (AKA)

**JUDGE 1 & 4**  
**RIGHT HAND**



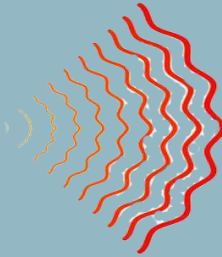
**JUDGE 2 & 3**  
**LEFT HAND**



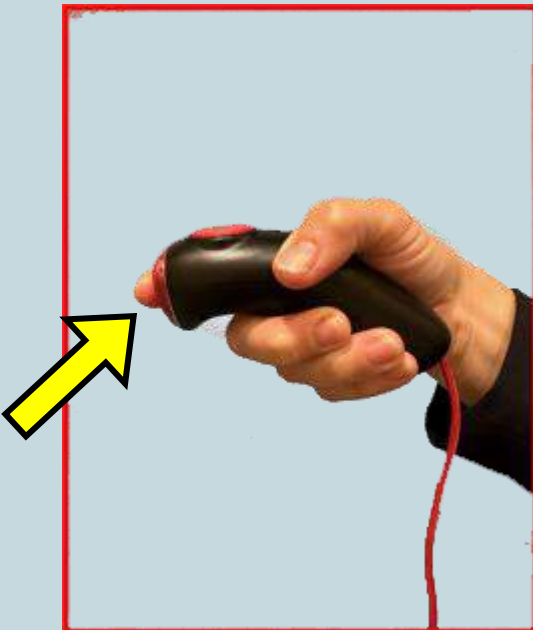
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## Vibration



### YUKO



### WAZA ARI



### IPPON



## IF YOU ARE SITTING INSIDE



**FOR YOUR AND THE  
PROTECTION OF THE  
ATHLETES**

**JOGAI LINES  
MUST BE CLEAR  
OF INTERFERENCE**



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**WITH JOYSTICKS OR FLAGS - SIT CORRECTLY!**



**YES**

# WORLD KARATE FEDERATION



**WITH JOYSTICKS OR FLAGS - SIT CORRECTLY!**

**NO**



**NO**



**NO**




# WORLD KARATE FEDERATION



  
**AUT**

**BRAND**  
ROLAND

  
**0**

  
**0**

  
**USA**

**TAYLOR**  
STEVEN

C1

C2

C3

HC

H

PENALTIES

H

HC

C3

C2

C1

**TATAMI 1**

**2:37.0**

**MALE KUMITE -75 KG**  
**QUARTER-FINAL**

# WORLD KARATE FEDERATION



  
**AUT**

**BRAND**  
ROLAND



**1**



**1**  
**S**



**USA**

**TAYLOR**  
STEVEN

C1

C2

C3

HC

H

PENALTIES

H

HC

C3

C2

C1

**TATAMI 1**

**1:37.8**

**MALE KUMITE -75 KG**  
**QUARTER-FINAL**

## SCOREBOARD - POINTS

**1 POINT**  
(YUKO)

**2 POINTS**  
(WAZA-ARI)

**3 POINTS**  
(IPPON)

**1 POINT**  
(YUKO)

**2 POINTS**  
(WAZA-ARI)

**3 POINTS**  
(IPPON)

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## SCOREBOARD POINTS

**1 POINT**  
(YUKO)

**1 POINT**  
(YUKO)



# WORLD KARATE FEDERATION



VR

REQUESTED

VR

REQUESTED

VR

REQUESTED

VR

REQUESTED

VR

ACCEPTED

VR

NO ACCEPTED



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## HANTEI

JUDGES DECISION  
(HANTEI)

2 POINTS

2 POINTS

3 POINTS 1 POINT



FINAL DECISION  
(CENTRAL REFEREE)



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## BOUT WINNER

FLAG

NF

LAST NAME  
NAME

AKA

TATAMI 1

MALE KUMITE -75 KG  
QUARTER-FINAL

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# WORLD KARATE FEDERATION



# WORLD KARATE FEDERATION



# WORLD KARATE FEDERATION



## VIDEO REVIEW



**THE COACH MUST STAND UP DURING THE VIDEO REVIEW**



# WORLD KARATE FEDERATION



## ONE VR JUDGE

### ELIMINATIONS









### MEDAL BOUTS



## VIDEO REVIEW RESULTS

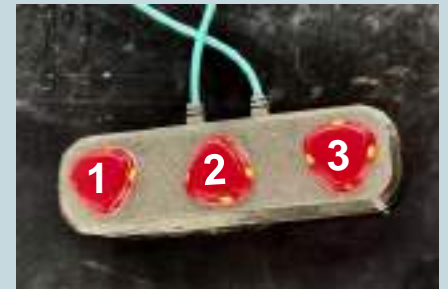
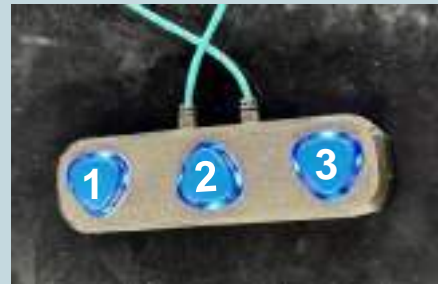
**Max. time for reviewing the VR is **30 seconds** after that a decision must be made and announced**



VR		YUKO
		WAZA-ARI
		IPPON
VR		YUKO
		WAZA-ARI
		IPPON

## VIDEO REVIEW

**The Coach must request for YUKO, WAZA-ARI or IPPON and stand up during the video review**



**The Coach may change the level of the score up until the Referee finishes the signal**



## VIDEO REVIEW CARD

**CONVENTIONAL  
ELIMINATION  
SYSTEM**

**ELIMINATIONS  
SEMI-FINALS  
REPECHAGES  
MEDAL BOUTS**



## **VIDEO REVIEW CARD**

**ROUND-ROBIN AT PREMIER LEAGUES  
(INDIVIDUAL COMPETITION)**

**GROUPS OF FOUR (4) ATHLETES**

**DURING THE ROUND-ROBIN**

**QUARTER-FINALS**

**SEMI-FINALS**

**MEDAL BOUTS**

# WORLD KARATE FEDERATION



WKF

## **ROUND-ROBIN WORLD CHAMPIONSHIPS TEAMS GROUPS OF FIVE (5) TEAMS**

**A COACH MAY  
ONLY USE 1 VR  
CARD PER BOUT**

**FEMALE  
TEAMS**



**2 VR Cards  
per match**

**Round-Robin  
Quarter-Finals  
Semi-Finals  
Medal Bouts**

**MALE  
TEAMS**



**3 VR Cards  
per match**

**Round-Robin  
Quarter-Finals  
Semi-Finals  
Medal Bouts**

# WORLD KARATE FEDERATION



## VIDEO REVIEW CARD

### WORLD INDIVIDUAL CHAMPIONSHIPS

#### PHASE 1

- Round-Robin groups with 3 - 4 Athletes: **1 VR card**
- Round-Robin groups with 5 - 6 Athletes: **2 VR cards**
- Elimination 1<sup>st</sup> Round (24 groups): **1 VR card**
- Qualification bout **1 VR card**

#### PHASE 2 Final Phase

- Round-Robin: **1 VR card**
- Round of 16: **1 VR card**
- Quarter-finals: **1 VR card**
- Semi-finals: **1 VR card**
- Medal bouts: **1 VR card**

# WORLD KARATE FEDERATION



## VIDEO REVIEW

**Athletes can discretely  
signal their Coach to request VR**



**Coaches can request for a higher score  
than the Judges are giving**

**If both Coaches requests video review at the same time  
VRJ awards the point(s) only to the Athlete scoring first**

**Unless the scoring techniques are at the same time  
points will be given to both Athletes**

## **VIDEO REVIEW**

**One Athlete obtains a point (Judges)  
the other Coach request VR**

**VRJ can award a valid score only if it is before or  
simultaneously than the other Athlete**

### **EXCEPTION**

**No points awarded by the Judges  
Only one Coach request Video Review**



## **VIDEO REVIEW**

**The VR Judge will evaluate  
the last 6 seconds before stopping the bout**

**If necessary and to make best possible decision  
additional time can be added**

**The sequence must be reviewed at normal speed  
can in addition be viewed in slow motion or zoom**

# WORLD KARATE FEDERATION



No score



Yuko



Waza Ari



Ippon



No score



Yuko



Waza Ari



Ippon





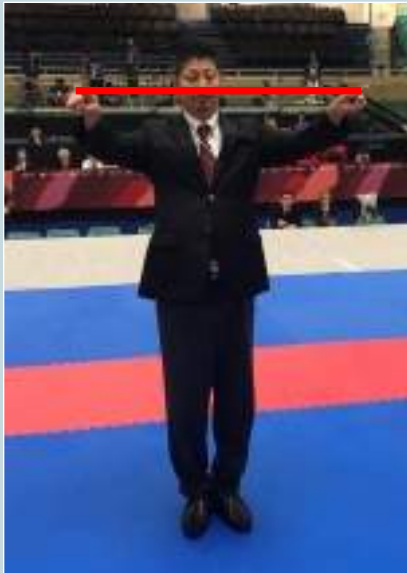
# WORLD KARATE FEDERATION



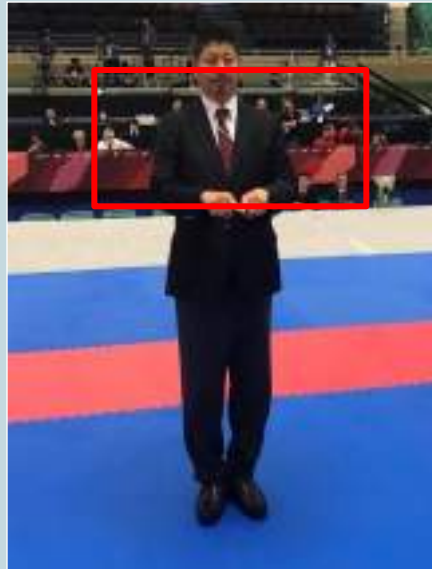
## VIDEO REVIEW SIGNAL



1



2



3

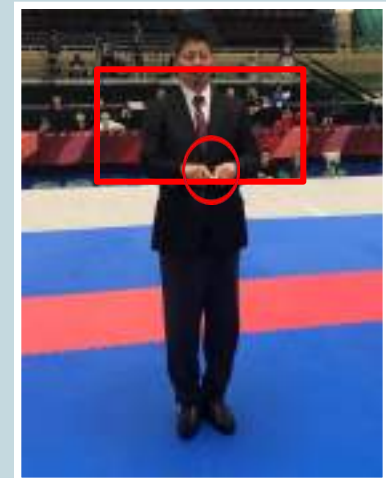


## VIDEO REVIEW



**when not able to see the technique, VRJ shows MINAI**

**When one Coach request...  
the second Coach must  
request before the Referee  
finish the signal**



## VIDEO REVIEW

**YES!** Point & VR-Card remains

**NO!** No point & VR-Card is taken away

Coach request VR and regrets  
**The procedure will take place**



## **VIDEO REVIEW**

**Coach requests VR, two or more Judges  
show score for the same Athlete**

**Point will be given & VR-Card remains**

**Coach requests VR, technique is too hard**

**Warning/penalty is given**

**VR-Card remains**

## SINGLE LINE OF WARNINGS & PENALTIES



**SINGLE  
CATEGORY**

## PROHIBITED BEHAVIOUR



**TOTAL OF 17 TYPES**

## CHUI & HANSOKU CHUI

### CHUI

**Up to three times - Smaller infractions**  
**Do not reduces the chances of winning**

### HANSOKU CHUI

**After the third CHUI**  
**More serious infractions that**  
**reduces the chances of winning**



## REFEREE'S SIGNALS

**CHUI-1**

**Warning**



**ALWAYS SHOW FIRST  
WHY YOU GIVE THE WARNING**

**CHUI-3**

**Warning**



**CHUI-2**

**Warning**





## REFEREE'S SIGNALS

**HANSOKU-CHUI**

**Warning**



**HANSOKU**  
**Disqualification**



## **MOST OFFENSES ONE STEP AT THE TIME**

**JOGAI**      **CLINCHING**      **MUBOBI**      **GRABBING**  
**WRESTLING**      **PASSIVITY**      **CONTACT**  
**UNCONTROLLED**      **SIMULATED**      **PUSHING**  
**TECHNIQUES**      **ATTACKS**

**WITH SOME EXCEPTION**

## EXCEPTIONS

**CHUI - HANSOKU CHUI - HANSOKU**

**HARD CONTACT**



**ATTACKS TO THE FACE WITH OPEN HAND**

**DANGEROUS THROWS**



**ATTACKS: ARMS - LEGS - GROIN - JOINTS - INSTEP**

## EXCEPTIONS

**CHUI - HANSOKU CHUI - HANSOKU/SHIKKAKU**



**EXAGGERATING INJURY**

**FEIGNING INJURY**



**MIN. HANSOKU CHUI - HANSOKU/SHIKKAKU**



**AVOIDING COMBAT UNDER ATO SHIBARAKU**

**FEIGNING INJURY WHEN THE POINT IS GIVEN**





## OVERREACTION TO CONTACT

Slight overreaction: **CHUI**

Obvious display of exaggeration: **HANSOKU CHUI**

A more serious exaggeration: **HANSOKU** directly

## FEIGNING AN INJURY

Any instance of feigning an injury: **CHUI**

Obvious display of feigning: **HANSOKU CHUI**

A more serious simulation: **SHIKKAKU** directly



## **SIGNALIN POINTS**

**Points may be signalled even if the Judge cannot see the actual point of impact**

**If the technique is executed correctly and can be observed to obviously not have been obstructed in reaching the target**



# WORLD KARATE FEDERATION



## REFEREEING PANEL

- 1 Referee (SHUSHIN)**
- 4 Judges (FUKUSHIN)**
- 1 Match Supervisor (KANSA)**
- 1 Score Supervisor**
- 1 Video Review Judge**



## SUPPORTING OFFICIALS

- 1 Tatami Manager**
- 3 TM Assistants**
- 1 Score/timekeeper**
- 2 Coach Supervisor**
- 2 Controllers (1M. & 1F.)**

## **DEFORMITIES OR AMPUTATIONS**

**If don't allow the secure fitting  
of the protective equipment**

**If it can represent a risk to  
the athlete or their opponent**



**Competing in Kumite will not be permitted**

**IN ANY DOUBT THE REFEREE SHOULD ASK THE DOCTOR**



# WORLD KARATE FEDERATION



## MALE TEAM

**Initial round:** minimum five (5) Athletes

**Following rounds:** minimum three (3) Athletes



## FEMALE TEAM

**Initial round:** minimum three (3) Athletes

**Following rounds:** minimum two (2) Athletes

## WHO CAN COACH A BOUT?

**Only the Coach designated for that specific bout is allowed to coach the competitor from the coach box**

**All other registered and accredited Coaches or/and registered member of the delegation**



**ARE NOT ALLOWED TO  
INTERFERE - COACH - GUIDE THE ATHLETE  
Risk of having their accreditation withdrawn**

**Announced by the Coach or  
NF representative immediately  
after the end of the bout**

## Request the official protest form from the Tatami Manager

**NWFOFFICIAL PROTEST FORM**

**KUMITE**

*Recommended by group*

NAME	COMPETITION	WAZO
J. J.		
COMPETITION DATE / LOCATION		
20		200
PROTEST / COMPLAINT		
<p>Signature of the protestor</p> <p>NAME</p> <p>PROTEST</p>		
<p>Signature of the referee</p> <p>NAME</p> <p>PROTEST</p>		

Signature of the referee

NAME

PROTEST

Signature of the referee

NAME

PROTEST

[illegible]

## OFFICIAL PROTEST

**The protest must be completed, and the fee submitted  
to the TM within 5 minutes after announcing  
the intention to protest**

**Tatami Manager will complete the  
information regarding the Referee  
Panel involved in the protest**

**PAYMENTS  
ON-SITE**

**USD \$  
EURO €**

## OFFICIAL PROTEST

**An accepted protest does not mean that a bout or match will automatically be redone**

**RC Chairman or the Chief Referee of the event  
may also announce a protest to the Appeals Jury  
No protest fee will apply**

## The Appeals Jury

**6 Senior Referees**

**3 Members**

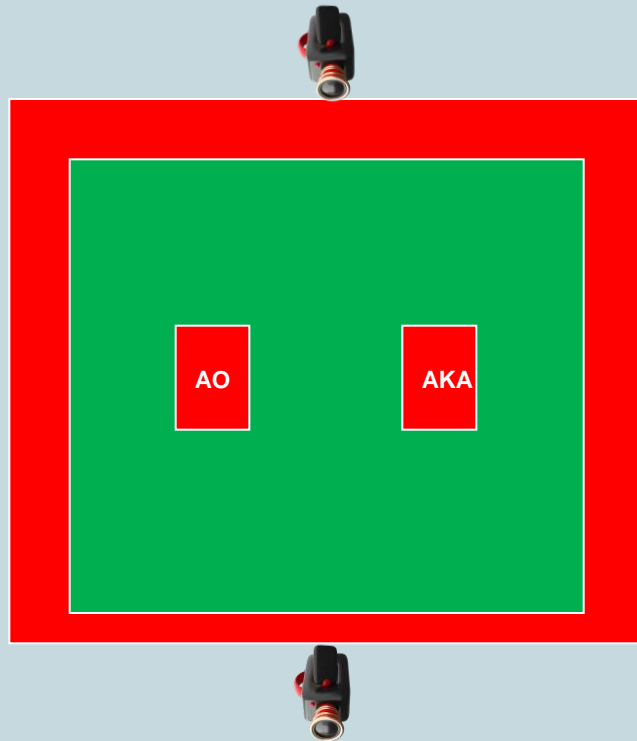
**3 Supplementary**



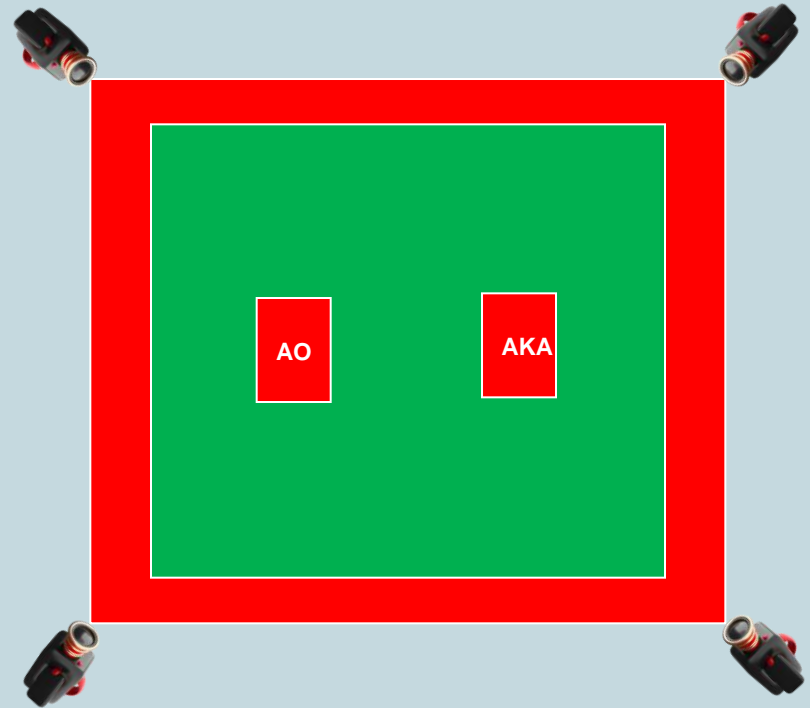
# WORLD KARATE FEDERATION



## 2 cameras position



## 4 cameras position



# WORLD KARATE FEDERATION



# TSUZUKETE!!





## WAKARETE

**Wakarete!! (Separate)**



**Tsuzukete!! (Resume fighting)**



**WORLD KARATE FEDERATION**

**WAKARETE**



**PLEASE REMEMBER**

**DON'T BE SO STRICT**

**RECOGNIZE FIGHT AT CLOSE DISTANCE**

**UNDERSTAND THE GAME AND TACTICS**

**GIVE A LOUD ORDER AND A CLEAR SIGNAL**

**HAVE THE RIGHT DISTANCE AND POSITION  
WHEN APPLYING WAKARETE**

**WAKARETE CAN BE GIVEN DURING ATO-SHIBARAKU**

## WAKARETE

IF DURING THE SEPARATION OF A GENUINE WAKARETE SIGNAL & COMMAND

**A COMPETITOR MAKES A TECHNIQUE?**

**A warning or penalty will be given**



**IF THE TECHNIQUE IS TOO HARD?**

**A warning or penalty for not doing Wakarete**

**A warning or penalty for uncontrolled technique**



**NO POINTS & NO VIDEO REVIEW**

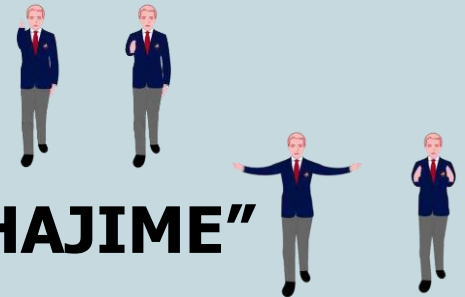
**JOGAI : Exception of the Wakarete rule**

## WAKARETE

IF A TECHNIQUE IS MADE **AT THE SAME TIME**  
AS THE REFEREE ORDERS WAKARETE?

**NO WARNING OR PENALTY WILL BE GIVEN**

Just stop the bout: "YAME"



And resume it again: "TSUZUKETE HAJIME"  
in the usual way

**Referee's signal: Warning & Torimasen**

## WAKARETE

**WHEN THE REFEREE ORDERS WAKARETE  
AND ADOES A TECHNIQUE**

**JUDGES**



**DON'T SIGNAL FOR POINTS!**

## WAKARETE

ONE SEPARATE THE OTHER FOLLOWS? **Warning/penalty**

ONE SEPARATE THE OTHER PUSHES? **Warning/penalty**

TECHNIQUE DONE AFTER WAKARETE? **Kansa/TM react!**

## Ato Shibaraku

Less than 15 seconds

**No Passivity!**  
**No Tsuzukete!**  
**KANSA?**



# WORLD KARATE FEDERATION



## **WE ARE A CONTACT SPORT**

**OUR FIRST PRIORITY IS  
THE HEALTH & SAFETY  
OF OUR ATHLETES!!**





## DEMAND ALWAYS CORRECT INFORMATION FROM THE DOCTOR

**Avoid misunderstandings!**



## AVOID ALL KINDS OF CONFLICT OF INTEREST

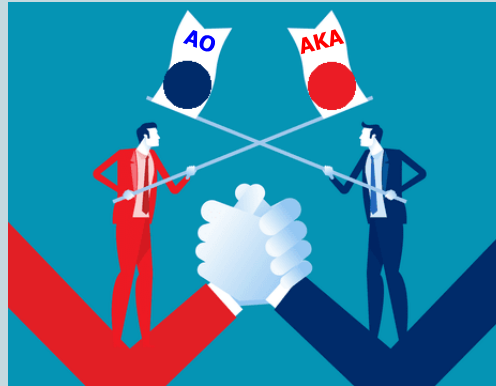


### FOR MEDAL BOUTS

Nationality  
Residency  
Family ties in-laws  
Athlete/Coach relationship

TM:s  
Round-Robin

**AVOID ALL KINDS  
OF CONFLICT OF INTEREST**



**AVOID VERY SEVERE  
CONSEQUENCES**

# WORLD KARATE FEDERATION



## TIME SCOREBOARD WHITE - YELLOW - RED



# WORLD KARATE FEDERATION



**0:00.<sub>1</sub>**

**STILL TIME LEFT**



**0:00.<sub>0</sub>**

**TIME IS UP**



# WORLD KARATE FEDERATION



WKF

AFRICA



ASIA



EUROPE



OCEANIA



PANAMERICA



**201  
NF**

## ONE RULE BOOK!

**THE SAME APPLICATION IN ALL COMPETITIONS!**





# WORLD KARATE FEDERATION



## CORRECT & CLEAR SIGNALS AND COMMANDS



# WORLD KARATE FEDERATION



**BE  
PROFESSIONAL**

**LOOK FOR  
PERFECTION**

**UNDERSTAND  
YOUR TASK**

**GET INVOLVED  
WHEN YOU  
HAVE TO!!**

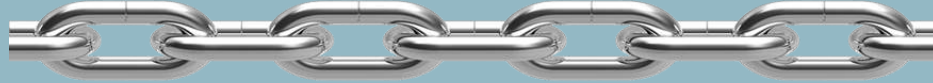




# WORLD KARATE FEDERATION



**DON'T BREAK THE CHAIN**



## BE SUCCESSFUL



**TATAMI MANAGER**

**REFEREE**

**COACH SUPERVISOR**

**JUDGE**

**CHIEF REFEREE**

**CONTROLLER**

**KANSA**

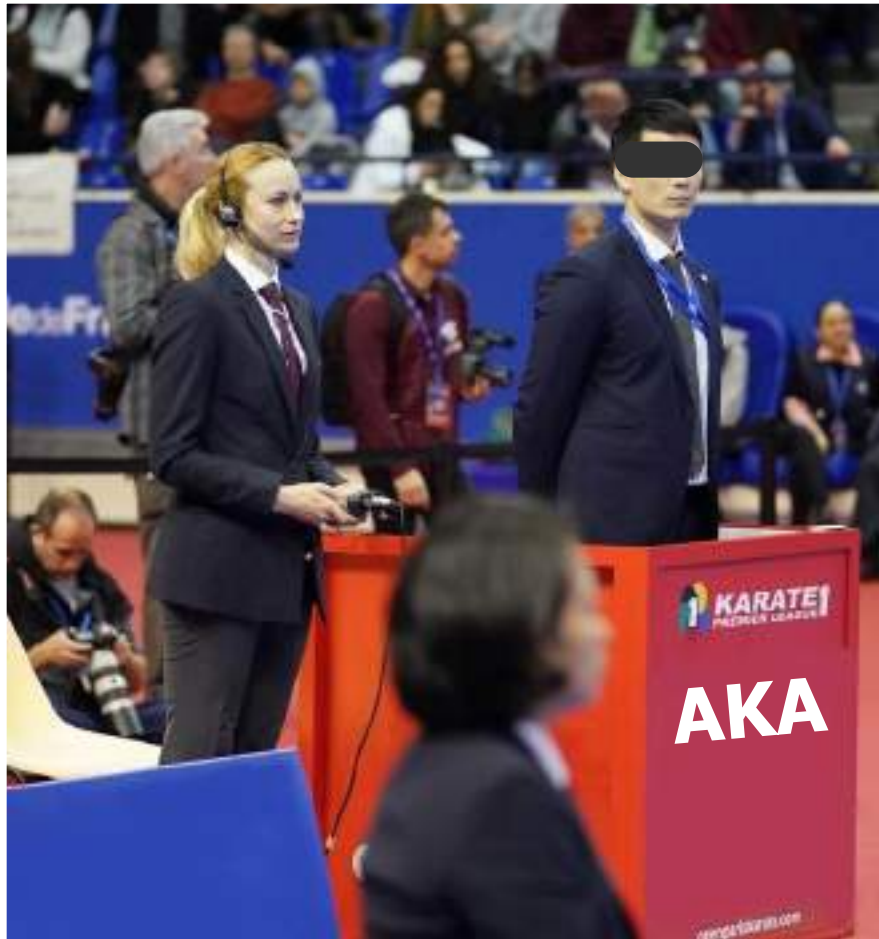
**VIDEO REVIEW**

**APPEALS**

**SCORE SUPERVISOR**

**JURY**

# WORLD KARATE FEDERATION



**THE JOB OF  
THE COACH  
SUPERVISOR**

## **TWO SITUATIONS!!**

### **JODAN GERI & FALLING DOWN**



**WHY IS THE  
ATHLETE  
LYING DOWN  
ON THE FLOOR?**

## PROTECTIVE COMPULSORY EQUIPMENT



**WKF APPROVED GROIN  
GUARD FOR MEN**

**ALL MALE CATEGORIES**

**DON'T FORGET TO ASK  
THE ATHLETES**

## WKF APPROVED GROIN GUARD FOR MEN

**If an Athlete has been asked before the bout  
and confirms but it is not true  
the Athlete will receive SHIKKAKU**



**If not been asked, and is not wear a groin guard,  
The Athlete will be given two (2) minutes to  
correct the matter and will receive a  
warning for MUBOBI**

# WORLD KARATE FEDERATION



WKF

**WKF  
APPROVED**



## INTEGRATED CHEST PROTECTOR



# WORLD KARATE FEDERATION



**BODY  
PROTECTOR**

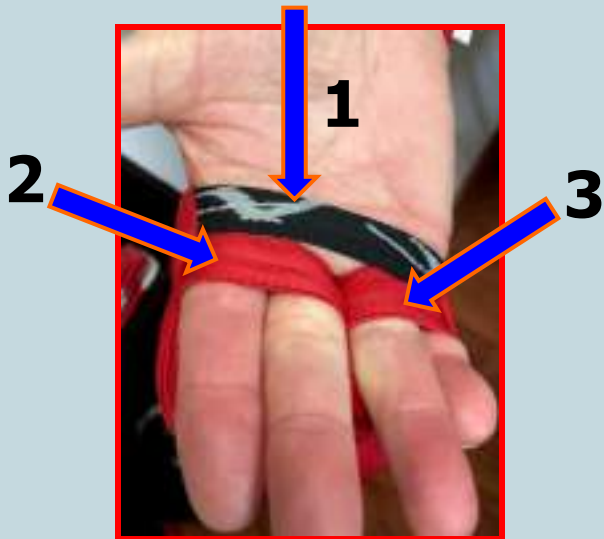
**FILLER  
MATERIAL  
MUST  
REMAIN**





## **WKF approved mitts**

### **Must fit the Athlete's hand**





## Must fit the Athlete's hand



## **The safety of the Athletes is your Responsibility**



# WORLD KARATE FEDERATION



**NO!**



**YES!**



# WORLD KARATE FEDERATION



## VOLUNTARY WKF HOMOLOGATED BLACK HEAD SCARF

### **Female COACHES**



### **Female REFEREES**



# WORLD KARATE FEDERATION



## VOLUNTARY WKF HOMOLOGATED BLACK HEAD SCARF

**FEMALE**  
**Athletes**



**MALE**  
**Athletes - Coaches - Referees**



## Duration of a Kumite bout

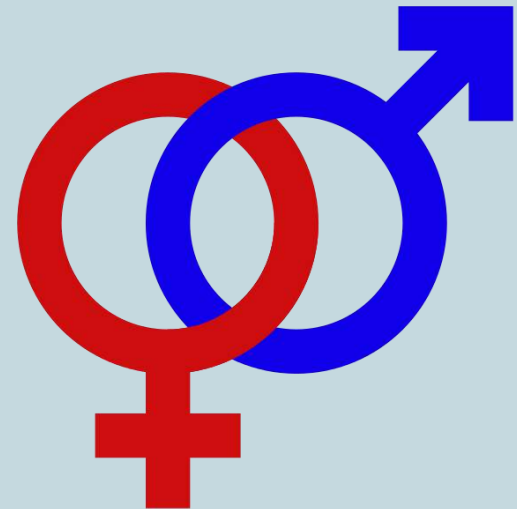
**MALE & FEMALE**

**SENIORS 3 min**

**UNDER 21 3 min**

**CADETS & JUNIORS 2 min**

**U-14 1.5 min**





# WORLD KARATE FEDERATION



## **MUBOBI**

**CHILDREN - CADETS  
JUNIORS - SENIORS**

**EXCESSIVE CONTACT  
INJURY**



# WORLD KARATE FEDERATION



**Attacks with an open hand to the face**

## BE CAREFUL!





# WORLD KARATE FEDERATION



**AKA and AO are disqualified by HANSOKU**  
**The opponents scheduled for the next round**  
**WILL WIN BY BYE**

## **MEDAL BOUT?**

**Winner will be declared by HANTEI**  
**Unless one has more points or SENSHU**

**IF TWO ATHLETES INJURE EACH OTHER  
AND ARE DECLARED UNABLE TO CONTINUE...**

**WINNER: MOST POINTS/SENSHU**

**EQUAL INDIVIDUAL BOUT: HANTEI**

**EQUAL RR/TEAM MATCHES: HIKIWAKE**

**EQUAL DECIDING TEAM MATCH: HANTEI**



**An Athlete who wins a bout through disqualification due to injury is not allowed to fight again in the competition**

**WITHOUT PERMISSION  
FROM THE TOURNAMENT DOCTOR**

**After the second time, the athlete will no longer be able to compete in Kumite**

**WORLD KARATE FEDERATION**



**WKF HAVE A  
SAFE SPORTS POLICY  
AGAINST ALL KINDS OF  
HARASSMENT AND ABUSE**

**For the safety and rights  
of our Athletes and Members**



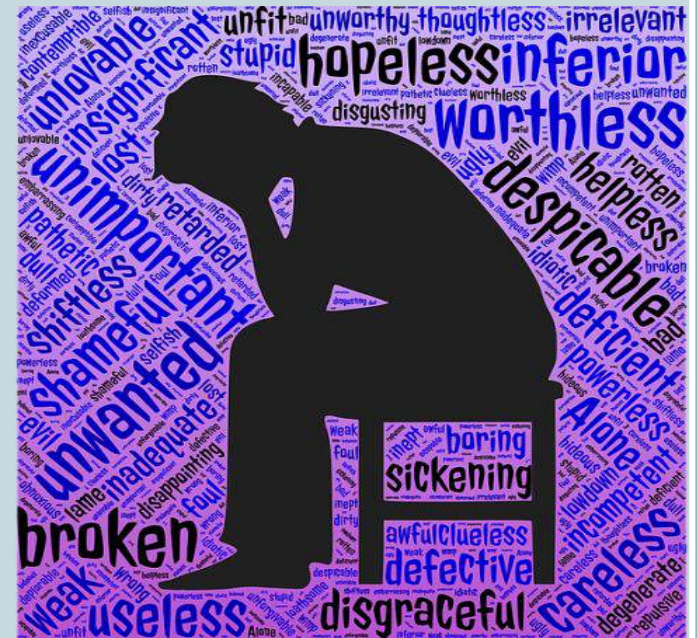
## **BE AWARE!**

### **Negative interaction between Coaches and Athletes**



### **WILL NOT BE TOLERATED**

**CHIEF REFEREE AT VENUE**  
**ENTOURAGE COMMISSION**  
**TECHNICAL COMMISSION**  
**REFEREE COMMISSION**  
**DISCIPLINARY &**  
**LEGAL COMMISSION**



# WORLD KARATE FEDERATION



## TEAM & ROUND ROBIN (Individual) ALL POINTS COUNTS



**AKA: 7 - AO: 0**

**AKA: IPPON**

**RESULT: 10 - 0**

## **CAN AN ATHLETE GET TWO DIFERENT WARNINGS AT THE SAME TIME?**





**IF YOU START THE MATCH**  
**And there is an injury!**



**WHAT TO DO?**

**“PUSHING BY”**

**KICKING**

**SWEEPING**

**THROWING**

**NO JOGAI - NO WARNING**

## GUMSHIELDS

**1st. time      OK**

**2nd. Time      Reminder**

**3rd. time      Warning/penalty**



## Match Supervisor

**Very important function** **AUTHORITY**

**Senior & experienced Referee**



**Must ensure that the  
Athletes are wearing  
approved equipment**

# **Standard procedure for giving points**

**When giving points the Referee must identify....**

**First** the scoring Athlete **AKA - AO**

**Second** the scoring area **CHUDAN - JODAN**

**Third** the scoring technique **TSUKI - UCHI - KERI**

**Fourth** the score awarded **YUKO – WAZA-ARI - IPPON**

# WORLD KARATE FEDERATION



## Team

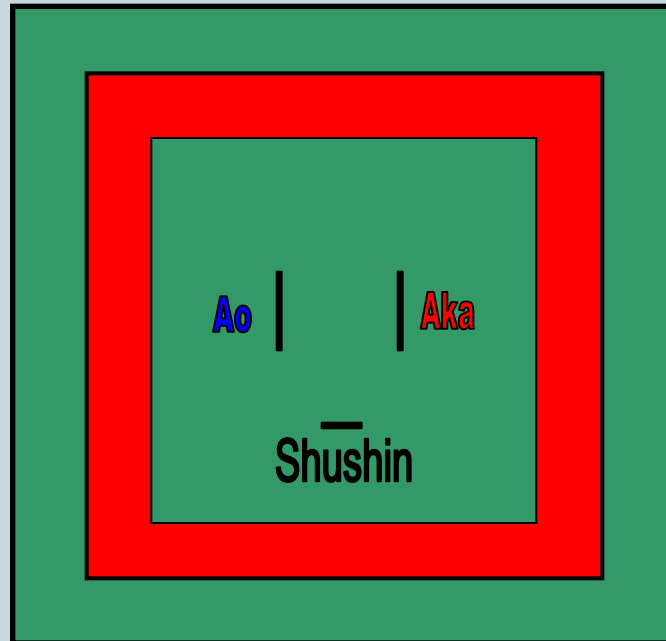
First match 1

2

3

4

Last match 5



## Match order

## Kumite

1 First match

2

3

4

5 Last match

**WHEN CAN A  
COACH   
WRITE A PROTEST?**





## WHAT TO DO?

**Interfering?**

**Harming the  
prestige & honour  
of Karate?**

# WORLD KARATE FEDERATION



## JUDGES AND REFEREES



# WORLD KARATE FEDERATION



## HONESTY

**Been correct**

**Never a conflict  
of interest**

**Integrity**

**Fairness**

**Humble**

## DEDICATION

**Learn**

**Knowledge**

**Commitment**

**Acceptance**



## EFFORT

**Private**

**Social**

**Career**

**Economical**

# WORLD KARATE FEDERATION



**DON'T FORGET THAT  
WE ARE HERE FOR **ALL** ATHLETES**



**NOT FOR OUR OWN  
NATIONAL FEDERATION  
PRESIDENT  
STUDENT  
FRIEND**



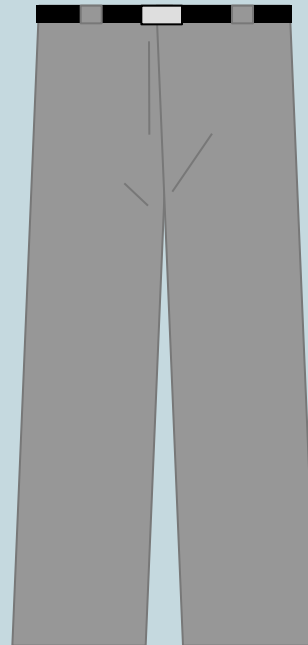


**FIND THE WAY  
TO BE  
SUCCESSFUL  
IN THE TATAMI**

# WORLD KARATE FEDERATION



## UNIFORM





# WORLD KARATE FEDERATION



## UNIFORM OFFICIALS

**NAVY BLUE**  
**19-4023 TPX**

**PANTONE**  
**18-0201 TPX**

# WORLD KARATE FEDERATION



# NO!

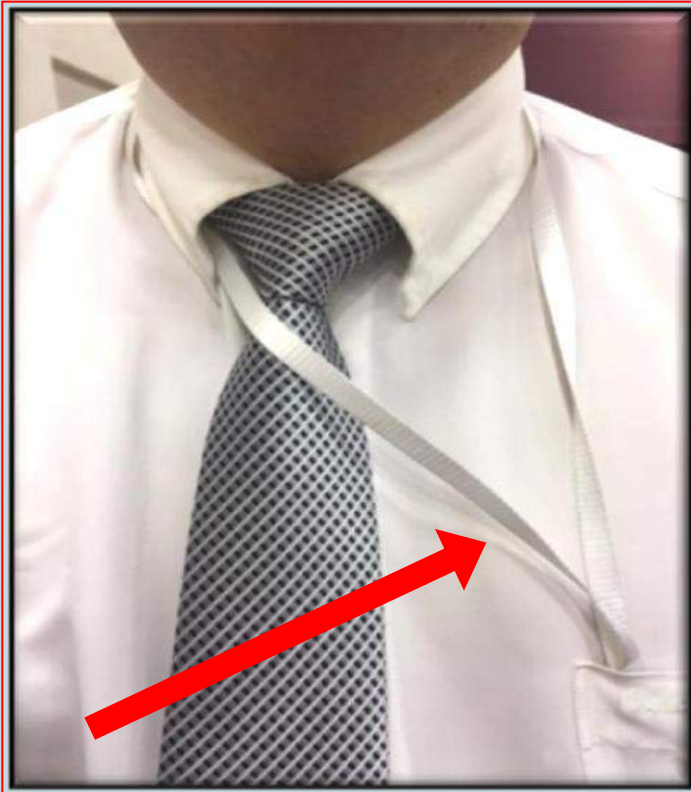




# WORLD KARATE FEDERATION



**Discreet white cord!**



**BLACK  
whistle**



## REFEREES

**Plain wedding band**



**Discreet earrings**



# WORLD KARATE FEDERATION



## CREDIBILITY



**NEVER OFFICIATE  
WHEN HAVING  
A CONFLICT  
OF INTEREST**



**IS EVERYTHING**

**YOU ARE A REFEREE!!**  
**YOU ARE NOT...**

**COACH  
SENSEI  
PARENT  
REPORTER  
DOCTOR**

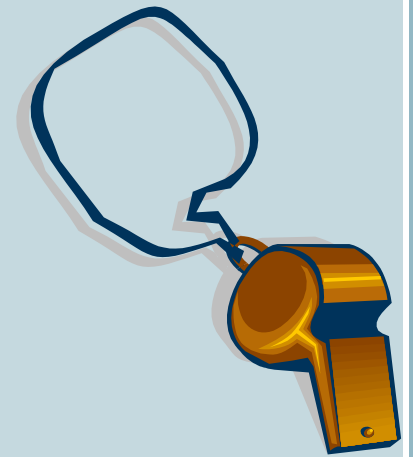


**PROTEST??**

**DON'T GET INVOLVED!!**

**DON'T TRANSLATE**

**DON'T DO RECOMMENDATIONS**



# WORLD KARATE FEDERATION



**CREDIBILITY!**



**BEHAVE CORRECTLY**



**6 MONTHS SUSPESION!!**



# WORLD KARATE FEDERATION



**BEHAVE CORRECTLY AT ALL TIMES!**



**Many are  
Watching  
Listening  
Recording  
Filming**

**BE AN  
EXAMPLE!**

# WORLD KARATE FEDERATION



**Don't touch the Athletes!!! Call the doctor**





## Referees & Judges AT WKF EVENTS...



# 0-tolerance alcohol

## WKF OFFICIALS

### Payment License Renewal (PLR)

**Every 4 years**

**Written examination**



**Every 4 years**

**Payment license**





## **REFEREES DRAW**

**Based on nationality  
and country of residence**

**ANY OTHER CONFLICT OF INTEREST?**

## REFEREES PANEL FOR THE FINALS



**Computer draw!**

**8-3: 5**

## Requirements for officiating at World Championships



## wkf.net

- **Competition Rules**
- **Info Referee Course**
- **List WKF Referees & Judges**
- **list WKF Referee's Ranking**
- **Theory questions Kata & Kumite**
- **Application form Referee Courses**
- **Working Rules of the Referee Commission**



## SIGNALS & COMMANDS



**Yameeeeeeee**

**Shibarak**

**Shhme**

**Aka Ippon**

**Chup-Chup**

# WORLD KARATE FEDERATION



**Injured Athletes will be examined outside the Tatami**



**Unless the injury calls for examination on the Tatami**





## Injured Athlete?

**Three (3) minutes medical treatment**



**TM gives the order to start the 3 min. count**

# WORLD KARATE FEDERATION



**After three minutes...**

**REFEREE'S DECISION  
UNFIT TO FIGHT OR  
EXTENSION OF TREATMENT**



## INJURIES & DANGEROUS TECHNIQUES



## INJURIES & DANGEROUS TECHNIQUES





# WORLD KARATE FEDERATION



**Your "YAME" is very important**



**If the Doctor says "YES"  
The Referee can say "NO"**

**If the Doctor says "NO"  
The Referee can never say "YES"**

# WORLD KARATE FEDERATION



## TATAMI

### KATA



### KUMITE



**SAME DIMENSIONS**

## KUMITE



**CORRECT**



## Jacket ties must be tied



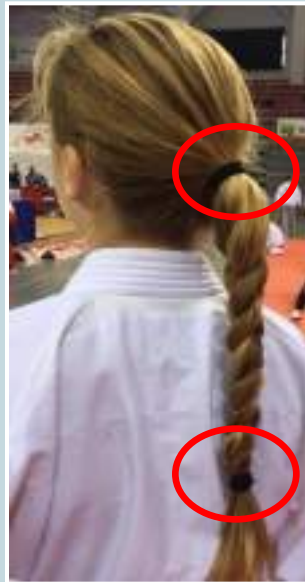
**Yes!**



**No!**

**If broken during the bout don't change!**

**One or two discreet rubber bands  
or ponytail retainers are permitted**



# WORLD KARATE FEDERATION



## OFFICIAL DRESS



## **KATA & KUMITE**

### **Difference between**

**KIKEN**

**&**

**DISQUALIFICATION**

**HANSOKU:**

**The bout**

**KIKEN:**

**The whole category**

**SHIKKAKU:**

**The entire tournament**

## SENSHU

**First unopposed point advantage**





## SENSHU

### Standard procedure

- 1. Give the point accordingly**
- 2. "Aka (Ao) Senshu" while holding your bent arm with the palm facing inward to the side of the scoring Athlete**





## SENSHU

### Score Supervisor

The symbol is a **check mark** before the point



## SENSHU

### Score Supervisor

SENSHU when the point is **YUKO**: ✓ ○

SENSHU when the point is **WAZA-ARI**: ✓ ○—○

SENSHU when the point is **IPPON**: ✓ ●—○

## SENSHU

### HOW TO REMOVE IT

SENSHU when the point is **YUKO:**  

SENSHU when the point is **WAZA-ARI:**   — 

SENSHU when the point is **IPPON:**   — 

## **LOSING SENSHU**

**After Successful video request**

**Cat. 2 warning for avoiding combat  
during ATO SHIBARAKU**



**No further SENSHU can be awarded Aka/Ao**

**HOW TO DO IT?**

## 10 SECONDS RULE



## WHEN AN ATHLETE...



# WORLD KARATE FEDERATION



**THE 10 SECONDS RULE MUST BE APPLY**





# WORLD KARATE FEDERATION



## 10 SECONDS RULE

- ❖ **YAME!**
- ❖ **DOCTOR!**
- ❖ **START COUNTING...**  
(in English)



## 10 SECONDS RULE

**COUNT...**



**KEEP COUNTING!**



## 10 SECONDS RULE AFTER 10 SECONDS...



# WORLD KARATE FEDERATION



## 10 SECONDS RULE



# WORLD KARATE FEDERATION



## 10 SECONDS RULE





## WHAT TO DO ?

**Was the technique valid?**

**Was it properly applied to the proper area?**

**Was the technique well controlled?**

**Was it Mubobi?**

**What caused the Athlete  
to remain on the floor?**

# WORLD KARATE FEDERATION



**In all cases where  
the Referee starts  
counting...  
the doctor will be  
asked to examine  
the Athlete**



GUIDELINE (more than 10 seconds on the Tatami)

**KIKEN**

**Ao is off his feet - his own fault**

**Ao Kiken - Aka no Kachi**

**Aka Mubobi**

**Aka next Chui - Aka Kiken - Ao no Kachi**



# WORLD KARATE FEDERATION



**GUIDELINE (more than 10 seconds on the Tatami)**

## **HANSOKU**

**Aka does very hard technique, Ao can't continue**  
**Aka Hansoku - Ao no Kachi**

**Aka technique is hard but not for Hansoku**  
**Ao can continue**

**Aka warning - Ao Hansoku (Exaggeration)**  
**Aka no Kachi**

**GUIDELINE (more than 10 seconds on the Tatami)**

## **SHIKKAKU**

**Aka acted maliciously**

**Aka Shikkaku - Ao no Kachi**

**Aka's technique fulfilled all 6 criteria  
skin touch and no injury at all**

**Aka point - Ao Shikkaku  
(Aka no Kachi)**

**An Athlete should not be penalized for being winded  
(loss of breath as a consequence of a technique)**

**Or for reacting to an impact even if the technique  
merited a point by the opponent**

**GIVE THE ATHLETE TIME,  
GIVE THE POINT AND RESUME THE BOUT**

# WORLD KARATE FEDERATION



**“All grabbing is for immediately action”**

## **WITH ONE HAND: TWO OFFENSIVE**

**Grab & score**



**Grab, sweep & score**



# WORLD KARATE FEDERATION



**“All grabbing is for immediately action”**

**With one hand: one defensive**

**When folding down grab for  
breaking the fall (UKEMI)  
but when on the floor  
the Athlete has to let it go**



# WORLD KARATE FEDERATION



**“All grabbing is for immediately action”**

**When catching a kick (Jodan/Chudan)  
with the purpose of taking down the opponent**



# WORLD KARATE FEDERATION



## No KANSA at the line-up





## GI JACKET

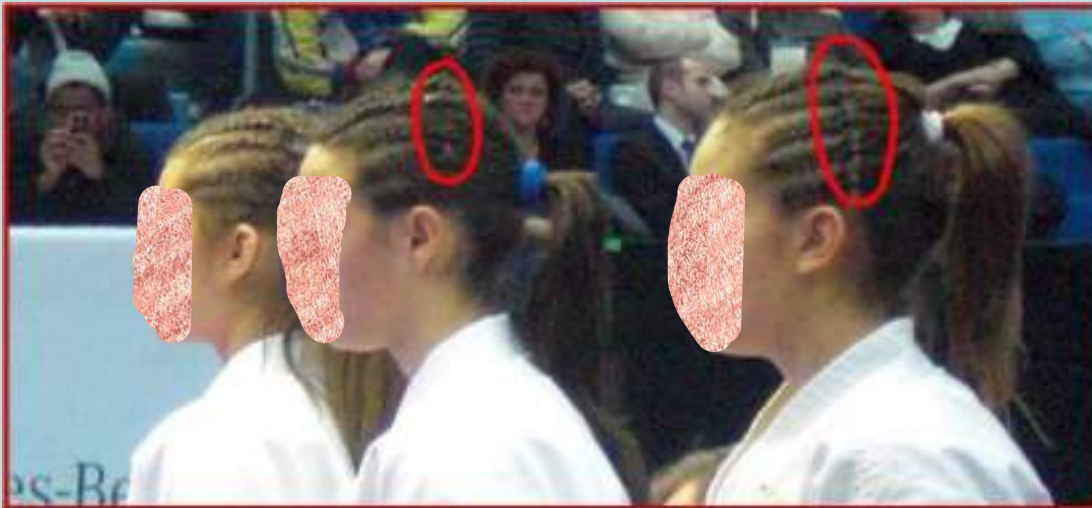


## PROHIBITED

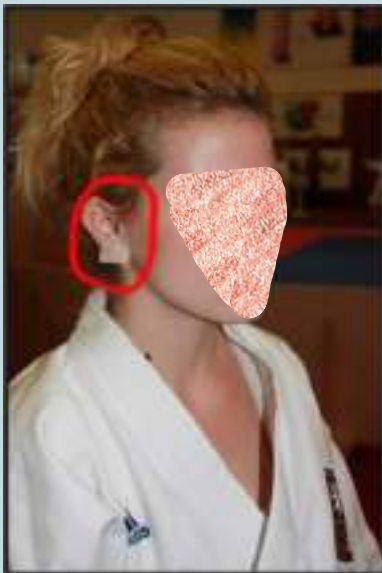
**Hair decorations**  
**Metal hairgrips**  
**Ribbons**  
**Beads**  
**Piercing**



## DECORATIONS



## DECORATIONS



**TAPE IS  
DECORATION!**



# WORLD KARATE FEDERATION



**SPONSORS**

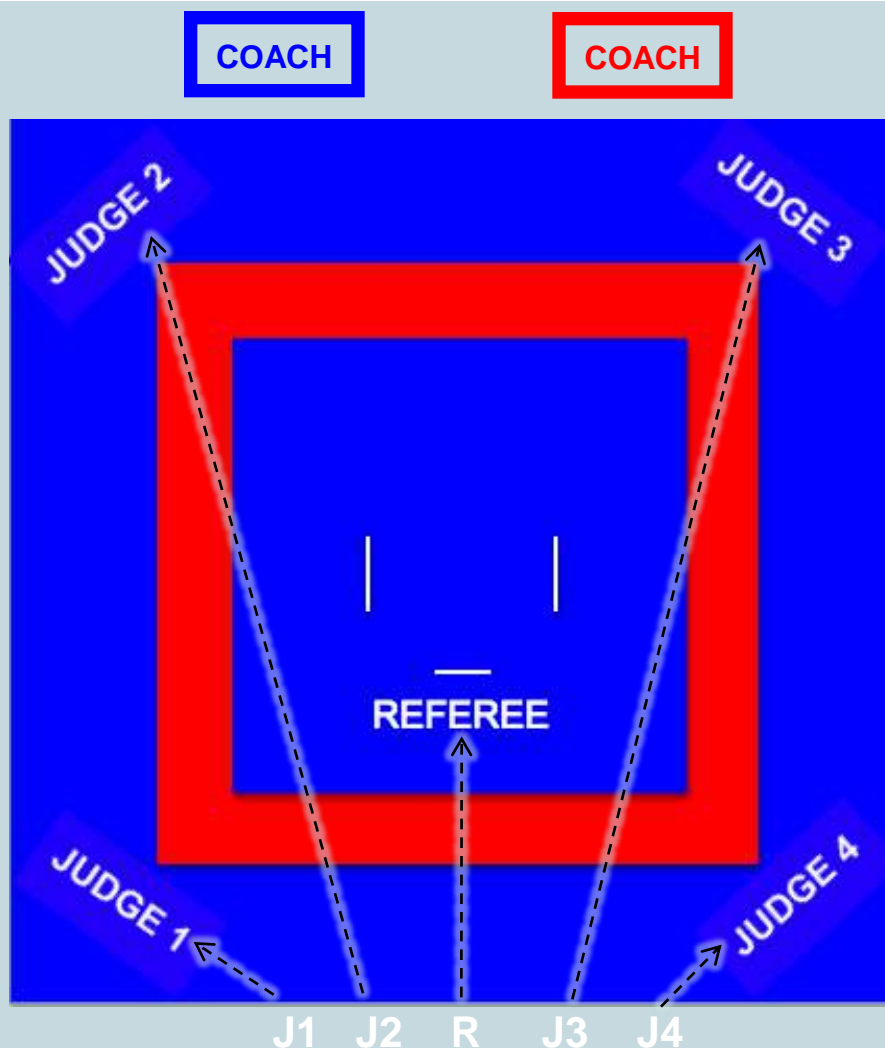


**SPONSORS**

# WORLD KARATE FEDERATION

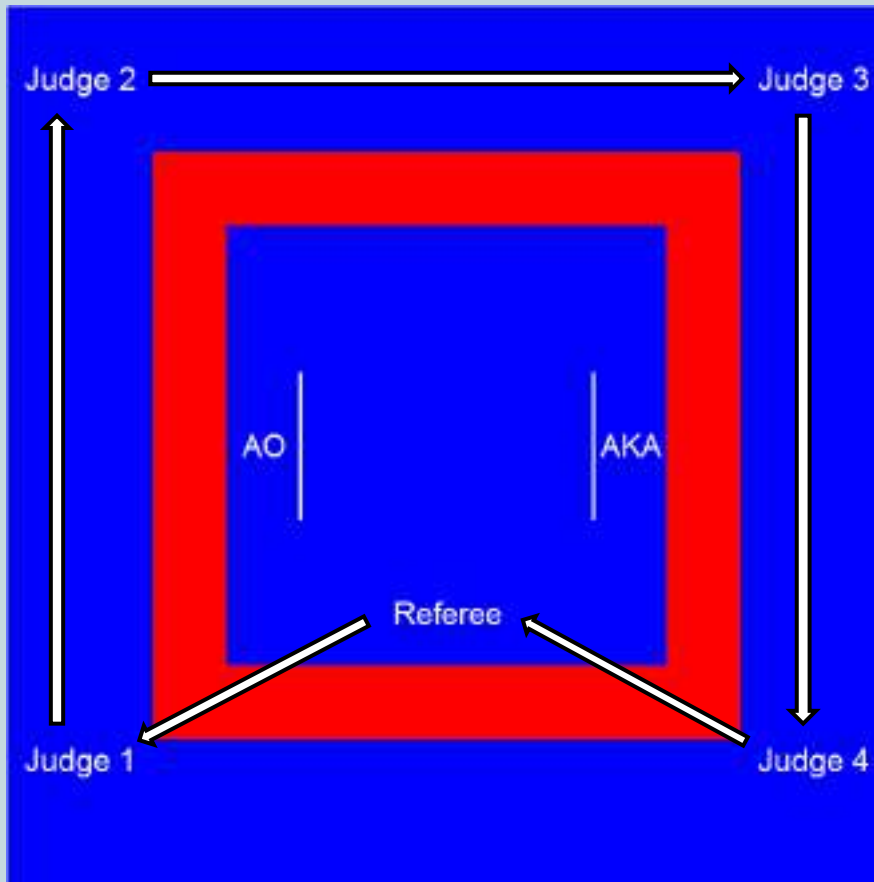


WKF





# WORLD KARATE FEDERATION



**In team matches the Referee and the judges with the required Referee qualification will rotate for each bout**

**KANSA WILL NOT ROTATE**



# WORLD KARATE FEDERATION



**Aka throws Ao**



**Ao is out – Aka is in**



**Aka can score**



# WORLD KARATE FEDERATION



**The minimum warning for running away - avoiding combat - wasting time during ATO SHIBARAKU...**



## Hansoku Chui

## **P O I N T S**

- 1. Approved & effective technique**
- 2. Against an approved attack area**
- 3. Fulfil 100% the six criteria**

# WORLD KARATE FEDERATION



- 100% Good form**
- 100% Sporting attitude**
- 100% Vigorous application**
- 100% Awareness**
- 100% Good timing**
- 100% Correct distance**

**Good Form**  
**Effectiveness**

**Sporting Attitude**  
**A non-malicious attitude**

## **Vigorous Application**

**Power and speed**

## **Awareness**

**Total concentration & control**

**(before - during - after)**

## **Good Timing**

**Greatest potential effect**

## **Correct Distance**

**Greatest potential distance**



# WORLD KARATE FEDERATION



## YUKO

**Tzuki or Uchi  
delivered to any  
scoring area**



## GIVING POINTS

**YUKO** (1 point)



# WORLD KARATE FEDERATION



## WAZA-ARI

## CHUDAN GERI



## GIVING POINTS

### WAZA-ARI (2 points)



# WORLD KARATE FEDERATION



**IPPON**

**JODAN  
GERI**



## IPPON



**Any technique against an opponent whose any part of the body other than the feet is in contact with the Tatami**



**Exception of HIZA-GAMAE**  
**One knee touching the mat while executing a technique**



## GIVING POINTS

**IPPON** (3 points)





## **Resting time for Athletes**

**BETWEEN MATCHES**

**EQUAL TO THE DURATION TIME OF THE MATCH**

**REPERCHARGE/SEMI FINALS**

**IN THE CASE OF CHANGE OF EQUIPMENT & COLOUR  
FIVE (5) MINUTES**

## Prohibited attack areas/techniques



## Prohibited attack areas/techniques



# WORLD KARATE FEDERATION



**(AKA) YES!**



**(AO) NO!**



## AVOIDING COMBAT IS

**Running away**  
**Clinching - Wrestling**  
**Pushing - Seizing**  
**Standing chest to chest**  
**Jogai**



# WORLD KARATE FEDERATION



**THE REFEREE MUST CONSTANTLY  
OBSERVE THE INJURED ATHLETE**

**A short delay allows injury symptoms to develop**





# WORLD KARATE FEDERATION



## Observe the Athlete



## Stay with the doctor





# WORLD KARATE FEDERATION



**Bandages - Padding - Supports because of injury**

**Done or approved by the doctor  
and approved by the Referee**



# WORLD KARATE FEDERATION



**This is a prohibited behaviour**



# WORLD KARATE FEDERATION



**This is a prohibited behaviour**



## COACH

- 1. Must wear a tracksuit and shoes**
- 2. Display official identification**
- 3. Must sit in the chair provided**
- 4. Must not interfere with the bout**

## **THE COACH MUST KNOW**

**Rules of competition**

**Anti Doping rules**

**Competitors & coach behaviour**

**Rules for writing a protest**

**Rights and duties**

**Fair play manners**

# WORLD KARATE FEDERATION



**DURING THE  
ELIMINATIONS**

**TRACKSUIT  
SHOES  
&  
ACCREDITATION**



# WORLD KARATE FEDERATION



## **DURING MEDAL BOUTS FEMALE COACHES**



**DRESS/PANTSUIT  
JACKET & SKIRT  
DARK COLOURS  
SHOES**



# WORLD KARATE FEDERATION



## **DURING MEDAL BOUTS** **MALE COACHES**



**DARK SUIT**  
**SHIRT & TIE**  
**SHOES**

# WORLD KARATE FEDERATION



**NO!**

# WORLD KARATE FEDERATION



**Our future... Please handle with care!**



# WORLD KARATE FEDERATION



THANK YOU VERY MUCH



**GOOD  
LUCK!**