



Guide for studying or teaching the WKF Para-Karate Competition Rules

To understand this presentation, a very good knowledge of the competition rules is necessary.
The statements, drawings, and photos are self-explanatory.

WKF PARA-KARATE COMPETITION RULES



**Effective from
1st Jan. 2026**

**The WKF able-bodied
Competition Rules for Kata
will apply with the
following exceptions:**

PARA-KARATE

CLASSIFICATION & KATA COMPETITION RULES

PARA-KARATE CLASSIFICATION RULES

Eligibility to compete in Para-Karate

**Ensure that an Athlete's disability
is relevant to his/her performance**



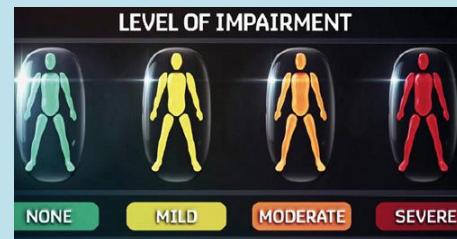
GUARANTEE FAIR PLAY



PARA-KARATE CLASSIFICATION RULES

WKF CLASSIFICATION COMMITTEE
CLASSIFICATION PANELS
CLASSIFIERS & ADMINISTRATORS

Conduct athlete evaluation
before the Championships



PARA-KARATE CLASSIFICATION RULES

**Evaluation is for giving score compensation
EXTRA POINTS**

From 0.00 to 3.00 extra points

**Those points will be added
to the Judge's final score**

**Only to Visually and Physically disabled (K10 & K30)
NOT THE INTELLECTUALLY DISABLED (K21 & K22)**

PARA-KARATE

INDIVIDUAL KATA ONLY

4 SPORT CLASSES IN 3 CATEGORIES

Visually-Disabled Athletes



Intellectually-Disabled Athletes



Physically-Disabled Athletes



PARA-KARATE

Visually-Disabled

K-10 Athletes with visual disability

Blindfolds are mandatory

IBSA APPROVED



APPROVED BY



INTERNATIONAL
B L I N D
S P O R T S
F E D E R A T I O N

Intellectually-Disabled

K-21 Athletes with low to moderate intellectual disability

K-22 Athletes with more severe disability

PARA-KARATE

Wheelchair Athletes

**K-30 Athletes with Physical or Motor Disabilities
will compete using Wheelchairs**

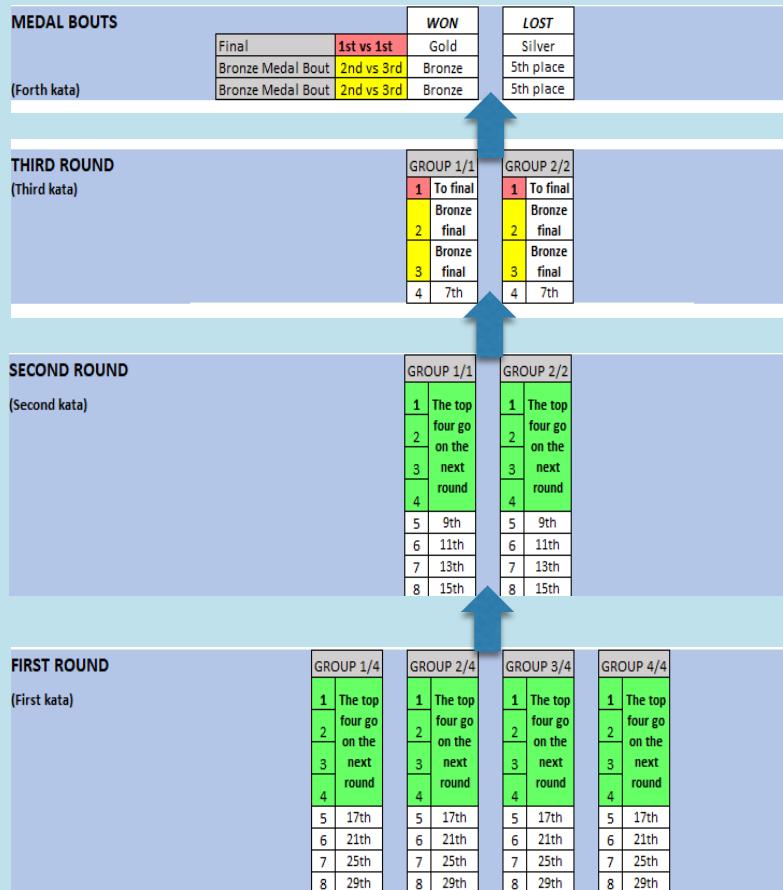


ALL OTHER CLASSES PERFORM KATA STANDING UP

PARA-KARATE COMPETITION FORMAT

**GROUPS
OF 8**

AGE +16
Female
Male



PARA-KARATE EVALUATION

JUDGES + EXTRA POINTS

JUDGE1	JUDGE-2	JUDGE-3	JUDGE-4	JUDGE-5	JUDGE-6	JUDGE-7	EXTRA P.	TOTAL
7.6	7.5	7.8	8.3	7.7	7.4	8.0	1.2	39.8

**GROUPS OF 8 ATHLETES
ELIMINATION SYSTEM
IS USED IN PARA-KARATE COMPETITION**

PARA-KARATE

Number of Athletes	Number of groups	Number of Kata performed to win	Athletes in the second round
2	1	1	Zero (No second round)
3	1	2	Medal Bout (only for gold)
4	2	2	Medal Bout (only for gold)
5 to 10	2	2	Medal Bout
11 to 24	2	3	8 Athletes
25 to 48	4	4	16 Athletes
49 to 96	8	4	32 Athletes
97 to 192	16	5	64 Athletes
193 or more	32	6	128 Athletes

PARA-KARATE

**Technical performance specification
according to the sport class**

VISUALLY DISABLED

**Space orientation
and Embusen**



PHYSICALLY DISABLED

**Skill, control, and
movability of the
wheelchair**



INTELLECTUALLY DISABLED
**Fluidity of techniques
and movements**

PARA-KARATE

IN CASE OF...



National Coaches are responsible for the safe removal of the Athletes

Doping Control

Additional Classification testing

National Coaches are responsible for the athlete's attendance

PARA-KARATE

Coaches &
Assistants



Medical service animals

Therapy & emotional
support animals



PARA-KARATE

Medical service animals certified to detect life-threatening conditions are allowed outside the Tatami



Therapy animals, emotional-support animals or pets are not allowed in the Tatami or its perimeter.



PARA-KARATE

Wheelchair Athletes can protect their feet from injuries by wearing sport shoes and socks

Shoes & socks must be white without any trademarks



Shoes & socks no longer than the ankles



PARA-KARATE

Prescription Sports Glasses are allowed for intellectually-disabled and wheelchair Athletes



Glasses must be secured to the head with a strap and approved by the Para Karate Commission

PARA-KARATE

Prostheses - canes - crutches are not allowed in Competition



Blindfolds without logo & discrete colour: grey - blue - black



PARA-KARATE



**Electric wheelchairs &
Wheelchairs with electric drive support**

NOT ALLOWED

**1 or 2 anti-tip castor attached to the back
of the wheelchair for safety purposes**

ALLOWED



PARA-KARATE



NO



NO

PARA-KARATE

Wheelchairs used at the Classification must also be used at the competition

If different: DISQUALIFICATION

Leg straps must be white and without logos

Maximum 3 straps placed between the ankles and the hip



Fixation of the upper body is not allowed

PARA-KARATE

ADVERTISING ON WHEELCHAIRS

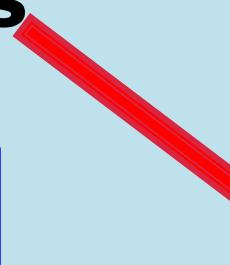
Only on the main wheels

PROHIBITED PLACEMENTS

Backrest - Armrest

Side guards - Frame

Footplate - Castors



PARA-KARATE

Intellectually-Disabled category may repeat the same Kata in all rounds



All other categories must perform a different Kata in each round



Variations in the performance are accepted due to the type of impairment

PARA-KARATE FOULS

**Loss of balance - Asynchronous movement
Audible cues - Belt coming loose - Time wasting**

Leg straps or sport glasses coming off their proper places during performance



PARA-KARATE DISQUALIFICATION



**Blindfolds uncovering
one/both eyes or
falling off during the performance**



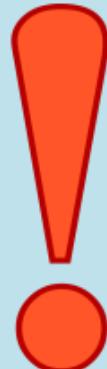
**Coach instructions
during the performance**

**Wheelchair performance:
Use of the non-affected leg**

PARA-KARATE DISQUALIFICATION



REASONS FOR
DISQUALIFICATION
SHOULD BE TREATED
WITH CARE



PARA-KARATE DISQUALIFICATION

Clinical conditions can
influence certain behaviors

Judges must
“Fukushin Shugo”
before disqualifying



PARA-KARATE

ASSISTANTS & COACHES

PROPER SHOES
No sandals and open-toe shoes

Sunglasses are not allowed



Coach

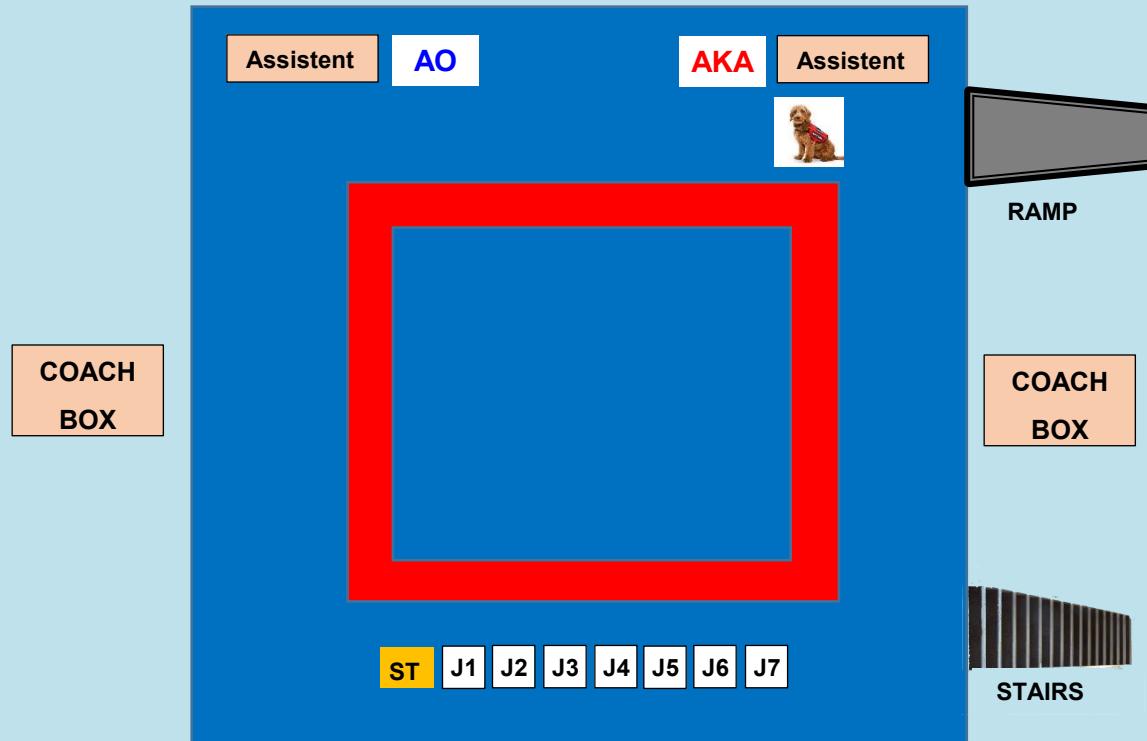
Assistant



Coach

Assistant

TATAMI LAYOUT



**THANK YOU
VERY MUCH**

